



News of the week

Get involved: Celebrate Wear it Purple Day

Expired 8/15/2022

Dress up yourself or your pet in purple to enter our Wear it Purple Day photo competition, or have a purple morning tea to celebrate and raise awareness about sexuality, sex and gender identity. This year Wear it Purple Day is on Friday 26 August.

We celebrate [Wear it Purple Day](#) to foster an environment at work that is supportive, safe, empowering and inclusive for LGBTQIA+ rainbow people. It's a fun way to show our support and be part of the change for a more inclusive and diverse society. It challenges harmful social cultures and celebrates and promotes the value of diversity and inclusion in our community.

We invite you to join in – there are several ways to participate and something to suit everyone!

Wear it Purple photo competition

To recognise and celebrate Wear it Purple Day, we invite you to participate in the Wear it Purple Photo competition. There are 2 categories you can enter:

- best 'Purple Pet'
- best 'Purple Selfie'.

There will be prizes for the best in each category.

Competition guidelines

- Celebrate in the purple-est way you can
- Style for impact
- Embellish yourself and/or pet: hair, clothes, make-up, background – be creative and have fun.



How to enter

1. Name your photo
2. Send your photo to [REDACTED] with the subject line – WIP Photo Competition.

Submissions close **COB Thursday 25 August.**

Judging Panel

A judging panel will determine the winners. Members of the panel to be announced soon.

MS Teams background

You can also show your support by using the Wear it Purple MS Teams background.

In MS Teams, hover your mouse on the screen of a video call, select the three dots (...) and then 'Apply background effects' and choose the background you wish to add from the default options. If you can't see them, you may need to go to your system tray at the bottom right-hand corner of your screen, right-click on the MS Teams app icon and select 'Quit', then reopen the app.

Celebrate with your team or branch

Extend the celebrations and have a Purple Morning Tea with your team! Everyone could bring something purple (food or drink) to share. Get together and send in your photos to [REDACTED]

Did you know?

Three-quarters (75%) of LGBTIQIA+ youth in Australia are experiencing some form of discrimination, 61% experience verbal abuse, 19% experience physical bullying and 24.4% of

Lesbian, Gay, Bisexual people experience depression. About 36.2% of Trans Australians experience depression, compared to 6.8% of the general population.

There are a number of ways we can assist you if you need help:

- **Employee Assistance Program:** If you or your family need additional support and would like to talk to someone, you can contact the confidential [Employee Assistance Program](#) (EAP) on 1300 687 327 or through their [online booking service](#) or log into the [EAP client portal](#) (username: converge | password: eap).
- **HR Operations support:** contact [REDACTED] for a confidential discussion.

Specialist support services

There are a number of other specialist digital support services are available:

- [Blue Knot](#) — provides support, education and resources for survivors of complex trauma, their families and communities.
- [Kids Helpline](#) — provides free, private and confidential 24x7 phone (1800 55 1800) and online counselling service for young people aged 5 to 25, needing practical help and emotional support.
- [Lifeline](#) — provides 24x7 crisis support and suicide prevention services (13 11 14) to anyone experiencing emotional distress.
- [On the Line](#) — is a professional social health organisation that delivers outsourced 24x7 telephone and digital counselling solutions on mental, physical and social wellbeing.
- [Qlife](#) — provides anonymous and free LGBTI peer support in Australia on relationships, gender, sexuality and identity.
- [ReachOut](#) — is an online mental health organisation for young people and their parents, providing tools, tips and support to help them get through anything from everyday issues to tough times.



To find out more about Wear it Purple and the great work they do in our community, visit www.wearitpurple.org

